Name_____ Date_____

KNOWING MYSELF

A. I CAN DO THIS WELL:

Think about some of your strengths. Write two things you do well.

1)

2)

B. I NEED TO IMPROVE THIS:

Think about some of your weaknesses. Write two of your weaknesses.

1)

2)

C. I CAN IMPROVE THIS BY:

Describe one of your weaknesses and write a solution to conquer or overcome it.